

**Prevention Leadership Team
Meeting Agenda
December 6, 2016**

Attendance: Zackery Porter, Kingswood Youth Center; Mara Michino, Kingswood Youth Center; Yvonne Meisner, White Horse Addiction; Mary Croasdale, Northern Human Services; Charles Mulcahy, Kennett High School SAP; Mary Reed, Senior Direct Public Health; Jeffrey Jones, C3PH; Michelle Ward, C3PH; Lance Zach, Restorative Justice, Jennifer Selfridge

- Kayleigh Almon – Regional Access Point Representative, navigate insurance, treatment
 - Unfortunately Kayleigh was ill and was unable to attend the meeting.
- Public Health Advisory Council Annual Meeting Dec 13 9-12 @ Camp Calumet

White Horse Addiction Center

- Volunteer based, few paid employees
- Received Peer Grant for Recovery Center
- Drop in/call for assessments, what services are needed by individuals
- Provide outpatient services
- Recovery Coach Training
- Working to buy buildings for detox and 28-day treatment

Report on Loon Mountain Event: Opiate Impact on Student Learning

- Full day Training Conf.
- Take away for Kennett was additional motivation to examine the existing substance abuse policy. Current policy is punitive.
- County break out group expressed a desire to meet with other educators from Carroll County schools to share ideas, resources, and initiatives. Initially middle school and high school educators will be invited, with the intention of including elementary school faculty as a next step.
- Clarification of LOA – Jennifer to contact Donna to speak at next Leadership Meeting, to clarify the recommended Life of an Athlete policy. Charlie to invite AD at Kennett and Jennifer to contact Moultonborough and Kingswood Ads to invite them to the March meeting with Donna Arias, LoA Director.

Student Assistance Program RFA Available – due after Christmas break, Kennett is applying for full-time at Middle and High, Kingwood talking about it, Moultonborough is also applying.

- Funding for 2 years, with an optional 2 year renewal.
- BDAS is committed to student assistance and our expectation is that their support will continue.

Chasing the Dragon: <https://www.youtube.com/watch?v=lqdmWRExOkQ> Moultonborough Community Event; parent evening viewing with panel discussion following day viewed by students followed by group discussion.

- Kids were engaged, questions brought up about legalizing marijuana surprisingly kids didn't think it should be
 - Rough film, graphic but accurate
 - There was a discussion about how appropriate this film is for middle school. There were different opinions due to the graphic nature of the film. Those considering showing the film to younger students were advised to preview the film to assess the appropriateness of showing it to a middle school audience.
- Basketball Diaries was recommended as an alternative film for middle school students. It can be accessed at <https://www.youtube.com/watch?v=NyfX9UHxgY>

Young Adult Survey Results (follow up) 18-25 year olds

- Survey results comments from FB were distributed to those in attendance. [FB Survey Results Comments](#)
- The Carroll County results are not especially different from the rest of the state.
- We will establish a data analysis work group to look at the data with the goal of identifying gaps in resources for this demographic and implications for prevention initiatives in the county that will help young people make the transition to adult hood in more easily. The group will be convened after the first of the year. It's possible that an intern may be available to assist.
- [New Hampshire Young Adult Survey](#)
- [The Voice of New Hampshire's Young Adults: Results fo the 2015 Young Adult Assessment](#)

Red Ribbon Week

- Kingswood Youth Center did a Red Ribbon with a substance free activity identified by students. Kingswood Middle and High School identified healthy activities on paper chain links which were then strung together and formed a "red ribbon" in front of the school. Kennett HS had a table set up at lunch – students could pledge to be drug free, pamphlets were made available, and spurred good conversations. They received 57 pledges now posted on a special bulletin board. Moultonborough Academy also had a resource table in the lunch room. A raffle was held with entries available to those signing the pledge. Journey Church in Conway had their youth group gather youth pledges the most pledges put in drawing for gift cards. All participating students at Kingswood, Moultonborough, Kennett and the Journey Church received red bracelets provided by the Partnership for Drug Free NH

1115 Medicare Waiver Program

- Result of law suit for inadequate behavior health services
- NHS has been effected - must recommend clients to work and/or volunteer, need more clients on ACT (*Assertive Community Treatment*) Team who receive functional support in the community, substance counseling , dual diagnosis will be starting soon. Primary Care settings looking to hire counselors to be in their offices-stigma around "Mental Health Center" services expanding from physical to behavioral

- IDN #7 Project Plan - <https://www.youtube.com/watch?v=LQx2X0BXgZg>
- Parent Night and Student viewing of Screenagers
<https://www.youtube.com/watch?v=LQx2X0BXgZg> in February
- White Horse sends Eric Moran to Kingswoods Youth Center once a week to
- Restorative Justice working on alternative Sentencing to include more substance cases, - partnership of 11 agency's and partners to include life coaches, job coaches, recovery coach, nutritionist, Open Nov 15
- MWV Citizens for Social and Environmental Justice – motivation due to elections and what kind of social norms are being developed by the country. How to we build community, Neighbor to Neighbor, environmental may be big focus.